

BACK TO
**BOBCAT
NATION**

Return to Campus Guide for Students

Spring 2021



qu.edu/studentreturn

SCAN
for more information
and resources

Quinnipiac
UNIVERSITY

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Welcome Back to Campus



Dear students,

We are excited to welcome you back to campus soon!

Campus life this year comes with new shared responsibilities and a commitment to maintain a healthy Quinnipiac community. Our campus spaces will look a bit different this spring, from the residence halls and dining halls to our classrooms and labs.

There will be many new procedures, policies and changes to daily operations implemented so you can live and learn safely in our community. We'll ask you to respect physical distancing, wear face coverings and monitor your health daily. There will be signage throughout our facilities and campuses reminding everyone how to navigate safely.

You probably have some questions for us, and we hope this Return to Campus Guide answers many of them. We will continue to provide additional information in a timely manner, as our spring reopening plans and campus preparations must be flexible to adjust to the latest health guidelines and status of the spread of COVID-19. Our actions and decisions have been, and will continue to be, based on the guidance of university experts and of local, state and federal officials with the health and safety of Quinnipiac's faculty, staff, students and neighbors our top priority. Please check our new [Back to Bobcat Nation Student Resource Page](#) regularly to learn more about what campus life will be like for the spring semester.

We are all eager to get back to Bobcat Nation. If we want to spend the full spring semester on campus, and not at home, we each need to do our part to follow the guidelines in this manual so we can enjoy another semester in-person.

Together we can stay healthy!

Sincerely,

A handwritten signature in black ink, appearing to read 'Monique Drucker'.

Monique Drucker, EdD
Vice President and Dean of Students

[Back to Bobcat Nation Student Resource Page](#)



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EXPECTATIONS AND ACCOUNTABILITIES

Being part of the Quinnipiac community means each of us must take extraordinary steps to stay well and protect each other, both on campus and in the Hamden and North Haven communities. We ask all students, faculty and staff to sign a pledge to take responsibility for their own health by practicing the actions set forth in this manual and to work diligently to keep the Quinnipiac community safe from the spread of COVID-19 and other illnesses. These actions include practicing good hygiene, symptom monitoring, participating in university-sponsored testing, avoiding parties and other gatherings where social distancing is not possible, and self-quarantining if feeling ill or if exposed to someone who has tested positive for COVID-19.

QUINNIPIAC PACT

Quinnipiac is our home away from home. When our faculty, staff and students are among their Bobcat family, their health, safety and support needs will be cared for as if they're with their own family. Through this pledge, we acknowledge the impact our actions have on each other, and the role we each have in keeping our Quinnipiac community safe from the spread of COVID-19. By signing this pledge, I am committing to protect my own health, to help protect the health of others, and to prevent the spread of COVID-19 in our neighborhoods and communities:

1

Protect MY OWN HEALTH

- Use our mobile symptom-checking app each day to self-monitor for the symptoms of COVID-19.
- Wash my hands with soap and water for at least 20 seconds frequently, and use hand sanitizer when soap and water are not available.
- Get tested for COVID-19 before returning to campus and participate in the university's testing program upon my initial return to campus and as needed as part of the weekly "sample testing" throughout the spring semester.

2

Protect the HEALTH OF OTHERS

- Wear a face covering anytime I am outside my living unit.
- Maintain physical distancing of at least six feet at all times.
- Stay home and self-isolate if I feel ill or think I may have been exposed to coronavirus, and contact a health care professional.
- Show compassion, care and respect for all members of the Quinnipiac community and not stigmatize others who test positive.

3

Prevent the SPREAD OF COVID-19

- Participate in the university's contact tracing program as needed to identify if I, or others, may have been exposed to coronavirus and to limit its spread.
- Be an advocate for the health of our community by proactively asking others to observe physical distancing and wear a face covering if I see them not supporting these health guidelines.
- Observe all instructional signs throughout our campuses and follow all directions.
- Refrain from hosting or attending large, crowded gatherings or parties where the virus could quickly spread.

I will support these shared responsibilities because I recognize no one person or department is solely responsible for enforcing these actions. I also understand there are consequences for disregarding these health measures because of the potential health costs I am inflicting on others – from not being able to attend my classes in person to, in egregious cases, forfeiting the privilege to remain on campus for the remainder of the semester, in accordance with the student conduct process.

Sign the Pledge and
Show Your Support
for Our Bobcat
Community



qu.edu/pact



Shared
Accountabilities



qu.edu/safercommunity



SYMPTOM CHECKING, TESTING AND CONTACT TRACING

DAILY SYMPTOM CHECKING

Students, faculty and staff are required to check for symptoms of COVID-19 using the [QU Symptom Tracker mobile app](#) each day before going to campus or work. **The app has been updated so that after signing in the first time, you're in for the rest of the semester.** Just click on the app, log any symptoms and "check in" to note whether or not you're on campus. A new web version is also available. Using the app daily is one of the best preventive measures we have to detect the presence of COVID early. The app evaluates the responses based on CDC and medical guidelines and provides an immediate confirmation on whether the individuals are cleared to attend in-person campus activities or if they need to take further actions to evaluate their health.



Individuals should update their symptoms if they change during the day. In addition to checking for symptoms related to COVID-19, we ask that you take your temperature each day before going to campus.

- If a student's temperature is 100.4 or higher, you need to self-isolate and call Student Health Services at 203-582-8742 (walk-ins are not accepted to reduce the risk of transmission).
- We will respect your privacy to the extent possible, given contact tracing requirements per state and CDC guidelines.

CURRENTLY, THE COVID-19 SYMPTOMS INCLUDE ONE OR MORE OF THE FOLLOWING:



FEVER



COUGH



SHORTNESS
OF BREATH



SORE
THROAT

- Loss of taste
- Loss of smell
- Red/watery eyes
- Shortness of breath
- Cough
- Headache
- Body aches
- Sore throat
- Severe fatigue
- Fever
- Vomiting/diarrhea
- Chills

6 Ways to Keep
Bobcat Nation
Healthy



qu.edu/sixways



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CONTACT TRACING

If a student tests positive for COVID-19, we will implement our contact tracing protocol, which includes deploying our on-campus team of trained contact tracers. Contact tracing protocols are mandated by the state of Connecticut as a condition of reopening this fall for colleges and universities. In addition to partnering with the Quinnipiac Valley Health District to support our contact tracing efforts, we are assembling a team of on-campus contact tracers composed of faculty, staff and student volunteers, including individuals from our Schools of Medicine, Nursing and Health Sciences. These volunteers are participating in contact tracing training from both the state of Connecticut and the Johns Hopkins School of Public Health and will be supported by a team of dedicated registered nurses through a partner organization, UST Global, which is augmenting our contact tracing services for the spring semester.

The team will help identify locations and possible contacts of an individual testing positive for COVID-19. Once the location data and contacts have been identified, they will be assessed for risk of acquisition of COVID-19 based on proximity (within 6 feet), duration (less than 15 minutes) and whether face coverings were worn, and those criteria will help determine who may need to self-quarantine and monitor to see if symptoms develop.

STUDENT TESTING OVERVIEW

As part of our extensive health and safety guidelines for students, Quinnipiac has designed a comprehensive COVID-19 testing program for students. This program requires students be tested before returning to Quinnipiac, and again shortly after their arrival and regularly throughout the spring semester. The testing program we have designed is a key component of our plan to bring students back to, and sustain, a healthy QU community and to be able to keep our campuses and classrooms open.



PRE-ARRIVAL TESTING

Before Returning to Campus

All students — undergraduate and graduate — are required to be tested for COVID-19 before returning for the spring semester, with a few exceptions noted below. Pre-arrival testing is required before a student can be cleared to move into their assigned housing, access our campuses, or engage in any in-person instruction. Pre-arrival testing is NOT required for students who are enrolled in degree programs that are fully online or who have applied for and been approved for 100% remote study in the spring. Pre-arrival testing also is NOT required for students who have had a positive COVID-19 test after Oct. 15, 2020, and have reported that test result to Student Health Services.

Quest Diagnostics is handling the pre-arrival test — a non-invasive nasal swab that does not need to be observed. Order your test kit immediately if you have not done so already. It will be mailed directly to you at the address you specify. The pre-arrival test costs \$95 and will be a pass-through charge assessed to your Bursar account. Test results will be available online through Quest's MyQuest portal, and QU Student Health Services will automatically receive a copy.

Review the pre-arrival COVID test table to determine when you should take your at-home COVID-19 test based upon your return-to-campus date.

It is critical you follow these timelines to ensure sufficient time for your test to be received and analyzed, and for Quinnipiac to then approve your return to campus. Students who do not follow their assigned move-in and/or on-campus testing schedules likely will experience a delay in participating in on-ground classes and will be responsible for getting their own COVID-19 test to be cleared for in-person activities. Review our Frequently Asked Questions for important information and deadlines about testing.

Testing FAQs



qu.edu/testingfaqs



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RETURN TESTING

Upon Return to Campus

Students will be tested upon their return to campus, and all residential students will be tested as part of the check-in process on their assigned move-in date. Weekly testing of all undergraduates will occur in February, and ongoing surveillance testing of approximately 20% of students will occur during the rest of the spring semester. Regardless of whether a student lives in university-housing or off-campus housing, they are expected to limit their activities and movement outside their living unit upon return during our campus arrival “containment” period. The university has partnered with the Broad Institute, a Cambridge, Massachusetts-based genomic research center, to perform all of Quinnipiac's on-campus testing. This will be a non-invasive nasal swab test.



ONGOING TESTING

Throughout the Spring Semester

After the return testing is complete, the university will then use a statistical sampling methodology to conduct weekly testing of approximately 20% of all undergraduate residential and non-residential students. This sampling strategy is based upon scientific guidelines and will aid in the early detection of asymptomatic or pre-symptomatic infections. QU will also have the ability to conduct rapid testing within Student Health Services for symptomatic individuals or those feeling ill. These test results are generated in about one hour.

QUARANTINE AND ISOLATION HOUSING

Quinnipiac has designated specific apartments and suites in residence halls as isolation and quarantine locations for its residential students living in university-owned housing. Students also will be given the option to isolate or quarantine at home, depending on their own and their family's preference and circumstances and availability of on-campus locations. Quarantine housing is used when a person has potentially been exposed to COVID-19 and needs to separate from other people to see if they develop symptoms and become sick. Isolation housing is used when someone has symptoms or has tested positive for COVID-19.

If a student needs to quarantine, Student Health Services will work with Residential Life to arrange for the student to move to a private room or semi-private room until the period of quarantine is over. If a student needs to isolate, Student Health Services will work with Residential Life to arrange for the student to move to a private room or semi-private room with another student who is also in isolation.

While in quarantine or isolation, students will have full access to wireless internet so they can attend classes remotely and participate in virtual student activities.

Student Health Services personnel will remotely monitor the progress of the students in isolation, and registered nurses through our health care partner, UST Global, will make daily check-in calls to students in isolation and quarantine. SHS will determine when the quarantine or isolation period has concluded and the student may return to their academic year room assignment. Additional guidance on who must quarantine, including temporary residence assignments and protocols, will be provided to students who are going into quarantine or isolation housing.

SHARED SPACES

Students must maintain 6 feet of physical distance at all times whenever they are outside their living unit. This includes time spent in classrooms, labs, dining facilities and all other common areas in the residence halls and on campus, as well as outdoors. Visual distancing markers will encourage students, faculty and employees to remain 6 feet apart in workspaces, hallways and other common use areas.

Clear signage will reinforce policies on wearing face coverings, practicing physical distancing, cleaning and disinfection, personal protection and personal hygiene.

The use of shared equipment will be minimized. If equipment must be shared, the students, faculty and staff members using that equipment will be required to wipe it down after each use. Wipes and disinfecting supplies will be available in classrooms, offices and other shared spaces.

Office, laboratory, teaching and workspaces have been structured to maintain at least 6 feet of distance between faculty, students and staff. Spaces typically used for communal purposes have been segmented into discrete zones or have been closed to use as needed.

FACE COVERINGS



Quinnipiac is requiring all students, faculty and staff to wear face coverings whenever they are in a public space. Wearing a face covering does not replace the need to maintain physical distancing and to observe safety protocols. Anytime you are outside your living unit, personal office or workspace, you must wear a face covering. This rule applies to all individuals on campus as well as students living off campus. Those who live off campus should still be wearing a face covering whenever they are outside their living unit and around others.

Masks and face coverings reduce community transmission of the virus by providing a physical barrier that can help to contain the spread of respiratory droplets when an infected person coughs, sneezes or talks. Research shows that the risk of acquiring COVID-19 is substantially reduced to less than 5% when everyone in the room is wearing a face covering.

Students and employees are encouraged to bring their own personal face coverings to wear to ensure they have a sufficient supply, given that masks should be washed after each wearing. Cloth face masks and coverings are preferred; gaiters and bandanas are not acceptable as alternative face coverings as they tend to be more porous.

Navigating
Quinnipiac



qu.edu/navigatingqu



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Face Coverings
on Campus



qu.edu/facecoverings



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If a student arrives to class without a face covering on or is not practicing appropriate physical distancing, the faculty member will ask the student to put on a face covering and/or create additional physical distance.

If a student receives a second warning, or if the student is behaving in an inconsiderate manner regarding these face covering and physical distancing rules, faculty and staff have been instructed to report offenders, who will be subject to a conduct review. Possible repercussions may include disciplinary probation up to suspension.

Let's Protect the Bobcat Bubble

We need your help and adherence to policies and responsibilities designed to protect your own health, that of your friends, and the health of your faculty, staff and neighbors. Below is a summary of these policies for the spring semester.

INFORMAL ON-CAMPUS GATHERINGS

Outdoors – Informal gatherings, socializing with friends and non-organized events are restricted to a maximum of 16 people while maintaining physical distancing and wearing a face covering.

Indoors (residence halls and university-owned properties) – QU residents can have guests from the SAME residence hall, building or house visit their room, but the number of residents in any suite, apartment or house may not exceed 10 people or twice the occupancy of a room – whichever is the smaller occupancy. For example, a room with 2 assigned roommates (like Commons or Dana) may have up to a total of 4 QU residents in the room at once. Mountainview, with 8 assigned suitemates, would be able to have up to 2 guests in their suite. Please review QU's full visitor policy.

Indoors (university facilities and meeting spaces) – Gatherings are restricted to the maximum allowed occupancy of a room or event space as already marked by university facilities staff. The maximum occupancy stickers are posted outside every room on campus.

INFORMAL OFF-CAMPUS GATHERINGS

Outdoors – Informal gatherings off campus are restricted to a maximum of 16 people, while maintaining physical distancing and wearing a face covering.

Indoors – Informal gatherings off campus are restricted to a maximum of 10 people, while maintaining physical distancing and wearing a face covering.

Please note that all students – both those living off campus and our residential students – are expected to observe these restrictions when attending any off-campus gathering and will face the same consequences for non-compliance (see below). Please review the full communication we issued detailing policies and expectations for off-campus gatherings.

CONSEQUENCES FOR NON-COMPLIANCE

We all want to remain on campus for the full semester, and while we hope disciplinary action will not be needed, we must enforce penalties for any student violating these policies on gatherings:

- First offense – Disciplinary probation, and you will be prohibited from participating in all on-ground classes and co-curricular activities for up to 4 weeks, as determined by the Student Conduct Office.
- Second offense – Suspension from the university for the remainder of the spring semester, at a minimum, as determined by the Student Conduct Office.

UNIVERSITY-SPONSORED EVENTS

University-sponsored and organized events, as well as events sponsored by student organizations (e.g., movie night, trivia night, etc.) will be reviewed in advance to ensure they conform to all necessary health guidelines and protocols and that a plan for proper university and/or student staffing is in place for the event. In the case of events put on by student organizations, the organizers first must complete training on the protocols for healthy and safe on-campus events.

Based on these strict reviews and staffing protocols, the allowable size of university-sponsored events and events sponsored by student organizations will vary based on the size, location (indoor vs. outdoor) and staffing of the event.

All on-ground (not virtual) university-sponsored and/or supported events must be requested through EMS, and approval must be received before additional planning can begin. Remember that requesting a space does not mean you have a confirmed space. You will receive a confirmed reservation email from Facilities. Wait to advertise your event until you have a confirmed space.

CLEANING PROTOCOLS



Facilities workers all wear the appropriate PPE, and they use cleaning and disinfecting products that meet the EPA's criteria for use against COVID-19. In addition, all facilities managers have earned a national "Microbial Warrior" certification through the Global Biorisk Advisory Council, the leading trade association for the cleaning industry worldwide. The certification provides our team with preventive, responsive infection and contamination control measures for potential infectious disease outbreaks, and more specifically the novel coronavirus.

Prior to reopening, Facilities will complete a thorough cleaning of spaces including, but not limited to: entrances/lobbies, bathrooms, kitchens, hallways, elevators, high-traffic area touchpoints (e.g., door handles/door knobs), shared equipment (e.g., printers, scanners, phones, vending machines), desks, chairs, computers and monitors.

Quinnipiac's facilities team will perform daily cleanings and disinfection each weekday of public bathrooms as well as communal bathrooms in residence halls; classrooms; common areas and workspaces around our campuses. Hand sanitizer will be made available at entrance points and common areas, where possible.

Cleaning and disinfectant products will be made available near commonly used surfaces, such as desks, bathrooms, shared equipment (e.g., printers, phones, monitors, keyboards), and shared appliances (microwave, coffee machine, etc.). Additional products will be available for ordering through the existing work order system.

Appropriate signage will encourage best practices, such as handwashing and use of PPE.

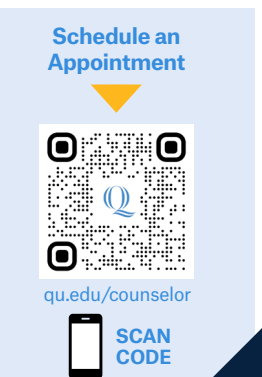


COUNSELING AND STUDENT WELL-BEING



Supporting the health and well-being of our students is paramount, especially as we continue to navigate the many "new normals" this semester. For any undergraduate and graduate students who experience emotional distress, Quinnipiac provides a range of clinical services, including mental health support, at no cost. Students can schedule an appointment with a counselor on [MyQ](#).

In addition, students have the option to speak to a clinician 24/7. To access this service, individuals should call 203-582-8680 (ext. 3) to speak with a licensed mental health provider. **If it's a life-threatening emergency, please call 911.**



PUBLIC SAFETY

Students can contact Public Safety 24/7 at 203-582-6200 or 911 for emergency safety concerns.



Living on Campus – What to Expect

The Office of Residential Life looks forward to welcoming students to the rooms, suites, apartments and houses that constitute QU housing. Similar to the fall semester, the experience of living on campus comes with new guidelines designed to help preserve everyone's health and safety.

QU has taken the step of reducing the occupancy of residence halls and other university housing to ensure all residential students will live only in singles or doubles. We have eliminated all triples and quads for the 2020–21 academic year.

In addition, Connecticut COVID-19 guidelines ask colleges and universities “to treat roommates and suitemates as a family unit.” Accordingly, QU is defining expectations of roommate groups in this way: Whether students live in a traditional residence hall room or a room within a suite, apartment or house, they will be expected to work together to co-exist in a way that reduces the risk of spreading the virus among members of their “family unit” and, ultimately, to the QU community beyond their doors.

Healthy behavior within each individual living unit promotes greater health across campus. Similarly, early detection of possible symptoms or infection within a family unit will help us more quickly contain the spread to others on our campuses and reduce the likelihood of having to close our campuses early due to an outbreak.

RESIDENCE HALL ROOM CLEANING PROTOCOLS

Students living in apartments and suites with in-unit bathrooms typically clean their own bathrooms and create their own usage schedules, and this fall will be no different. Students in these defined spaces must develop coordinated plans for maintaining cleanliness and shared usage. In suites and apartments, students will clean their own bathrooms and common areas within the unit. Cleaning supplies will be provided, and disinfectant spray bottles will be refilled throughout the semester.

Communal bathrooms (shared by an entire floor) will be cleaned each weekday by the university's facilities staff, and students on floors with communal bathrooms will be expected to help self-regulate the occupancy of bathrooms and showers to limit the number of individuals in the bathroom at a time, minimize time spent there, and clean the surfaces they touch after each use.

RESIDENTIAL LIFE STAFF

Residence hall directors (RHDs) and resident assistants (RAs) will be checking in with their residents regularly this spring to ensure they are transitioning well to life on campus and to help connect them to campus resources, programs and activities. The preferred modes of communication will be phone, email or Zoom meetings. However, students should know that help is always nearby when needed. RAs help create and sustain a respectful, inclusive and healthy residential community through caring interventions, mentoring, referral, mediation, administrative tasks, on-duty coverage, and by upholding community standards and university policy. Students can always reach Residential Life staff by contacting the Office of Public Safety at 203-582-6200. Residential Life offices are open from 9 a.m.–5 p.m. on weekdays, and Residential Life staff members are always on-duty after hours for emergencies. Students should remember to wear face coverings when visiting Residential Life offices or interacting with staff.

CAMPUS ACTIVITIES

Campus Life, the Department of Cultural and Global Engagement (DCGE), Student Government and many student organizations are working to develop programming and outlets through which students can meet and build community with other Bobcats. Student clubs and organizations will continue to operate on campus. Although meetings and events may take on a different look based on room and space availability—and the need to conduct more events virtually—the Student Center staff will work to maximize student engagement.

LAUNDRY

The CDC recommends that towels and sheets be washed frequently, and clothing kept as clean as possible. Guidelines advise using the warmest water possible, drying items completely, and washing only your own clothes. Students are advised to bring an ample supply of cloth face coverings to ensure they have clean face coverings to wear while others are being laundered. Students will need to practice physical distancing while doing laundry.

VISITOR POLICY

Quinnipiac will have the same visitor policy in place for the spring as it did during the fall semester. Outside visitors are defined as anyone who is not a student, faculty or staff member at QU. The university is taking a wide range of measures to create—and sustain—a healthy QU community so we can spend the full spring semester back on our campuses, and this is among the steps we can all take to limit the presence or spread of COVID-19.

Our outside visitor policy includes the following:

- **Visits from parents and family** – parents and family members are discouraged from visiting campus this spring, regardless of which state they may be traveling from. We recognize this is a significant hardship on parents and students, and also want to be mindful that there are certain occasions when parents may need to visit their student. In those instances, our North Lot entrance on Mount Carmel Avenue must be used as the designated pick-up and drop-off location. Parents and families must check in at the guard station and should not be traveling through campus or into residence halls.
- **Traveling home on weekends** – we are also asking that our residential students limit unnecessary travel and not travel home (or elsewhere) on weekends unless they absolutely need to, as we try to minimize exposures outside our campus community that may increase the likelihood of infection.
- **Residence halls** – we will have a no visitor policy within our residence halls, which means that only students living in that specific building will be allowed to enter the building.
- **Essential services** – beyond QU employees, only those providing essential services needed to support university operations will be permitted on campus, such as contractors or deliveries of food and supplies.
- **Ride sharing services** – per usual protocol, all ride sharing services such as Uber and Lyft should meet students in the North Lot outside the Athletic Center.

We realize campus life will be more restrictive this spring in some areas, but please know that we are investing equal effort in arranging activities and other physical spaces around our campuses—particularly outdoors—where students can safely socialize and engage with each other.

Academics: The Q-Flex Model of Learning

Quinnipiac will again use the Q-Flex model of instruction for the spring semester. Courses will be delivered using simultaneous in-person and online instruction, with students alternating between the two modes of course participation. Q-Flex will create an experience that is still rich and engaging, allows students and faculty to stay closely connected, while prioritizing the health and safety of our community.

HOW IT WORKS

For as many classes as possible, subject to public health and safety guidelines, a professor will be physically present in the classroom, teaching as many students as possible during the regularly scheduled class time. Because physical distancing rules require us to put 6 feet between each person in the room and to limit room capacity, we won't be able to fit the entire class in person for most sessions. As a result, students will take turns occasionally attending in person and other days joining the class online from their residence hall, suite, apartment or other study space as it is happening.

Quinnipiac's
Q-Flex Model



qu.edu/qflexexplained



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REAL-TIME CONNECTIVITY

We'll use Zoom again to connect students and faculty who are on campus to students and, in some cases, faculty who must join the class remotely. We have invested a great deal in "Zoom carts," which we have designed with multiple monitors and a camera to give out-of-classroom students real-time connectivity to their class. Students attending remotely will be able to see and hear what is happening, and they will be seen and heard by their teacher and fellow students so that they may ask questions and take part in class discussions. In some cases, for personal health reasons, professors will be teaching remotely while students are on campus, possibly even gathered together in a classroom. Our Zoom carts enable off-campus professors to meet with students as if they were there in person. Zoom carts also will support small group discussions, extra-help sessions or office hours.





Fitness and Recreation

FITNESS CENTERS

The Recreation staff members are working to implement state regulations and guidelines in our fitness centers on all three campuses to be able to open and serve the QU community in a safe manner.

NEW GUIDELINES FOR STUDENTS

Anyone who is exhibiting signs of illness should NOT enter the fitness centers. Wellness checks may be required upon entry to the Athletic and Recreation Center or fitness facility.

To ensure proper building capacity during peak times, a reservation to work out in the facility may be required through the Quinnipiac Reservation System on [IMLeagues](#). All fitness classes, including virtual offerings, will require reservations using the same system.

When visiting the fitness centers or taking a fitness class, everyone must wear a face covering to enter the facility and at all times during their workout. There will be an increase in disinfecting products and hand sanitizer around the facility. Users are responsible for wiping down all cardio and strength equipment before and after use. Fitness Center staff will be increasing cleaning in the facility.

Participants should bring their own water bottle, sweat cloth/towel and equipment (e.g., yoga mat, basketball, weight belt) as needed for their workout. Equipment checkout will not be available. Options for equipment needed will be posted on the [Campus Recreation MyQ page](#).

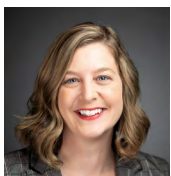
Locker rooms will not be available, but all restrooms will be open. Attendees should arrive dressed to work out and leave the facility to shower in their residence hall or off-campus property.



CARE Team

Quinnipiac is dedicated to supporting our students through responsive practices from CARE (Community, Assessment, Response and Evaluation). The CARE team employs a caring, preventive, early-intervention approach with students who exhibit concerning or disruptive behaviors. By partnering with members of the Quinnipiac community, the CARE team works to promote student well-being and success in the context of community safety. CARE referrals are submitted by faculty, staff, students and community members. Helping a student during difficult times, such as the passing of a loved one; supporting students experiencing social challenges with roommates, friends and/or peers; and supporting students whose physical, emotional, mental, spiritual or financial health is at risk are examples of the type of help available.

The multidisciplinary team, trained in both behavioral intervention and threat assessment, meets weekly to review and discuss new referrals, ongoing cases, and the best course of action to support the student of concern. Referrals should be submitted using the CARE and Conduct Incident Reporting Form. The form and other information, such as team membership, when to make a referral, and a list of frequently asked questions, can be found on the MyQ CARE Team site.



For more information on
CARE or to speak with
Jill Bassett, CARE's chairperson,
please contact
jill.bassett@qu.edu or 203-582-3603.

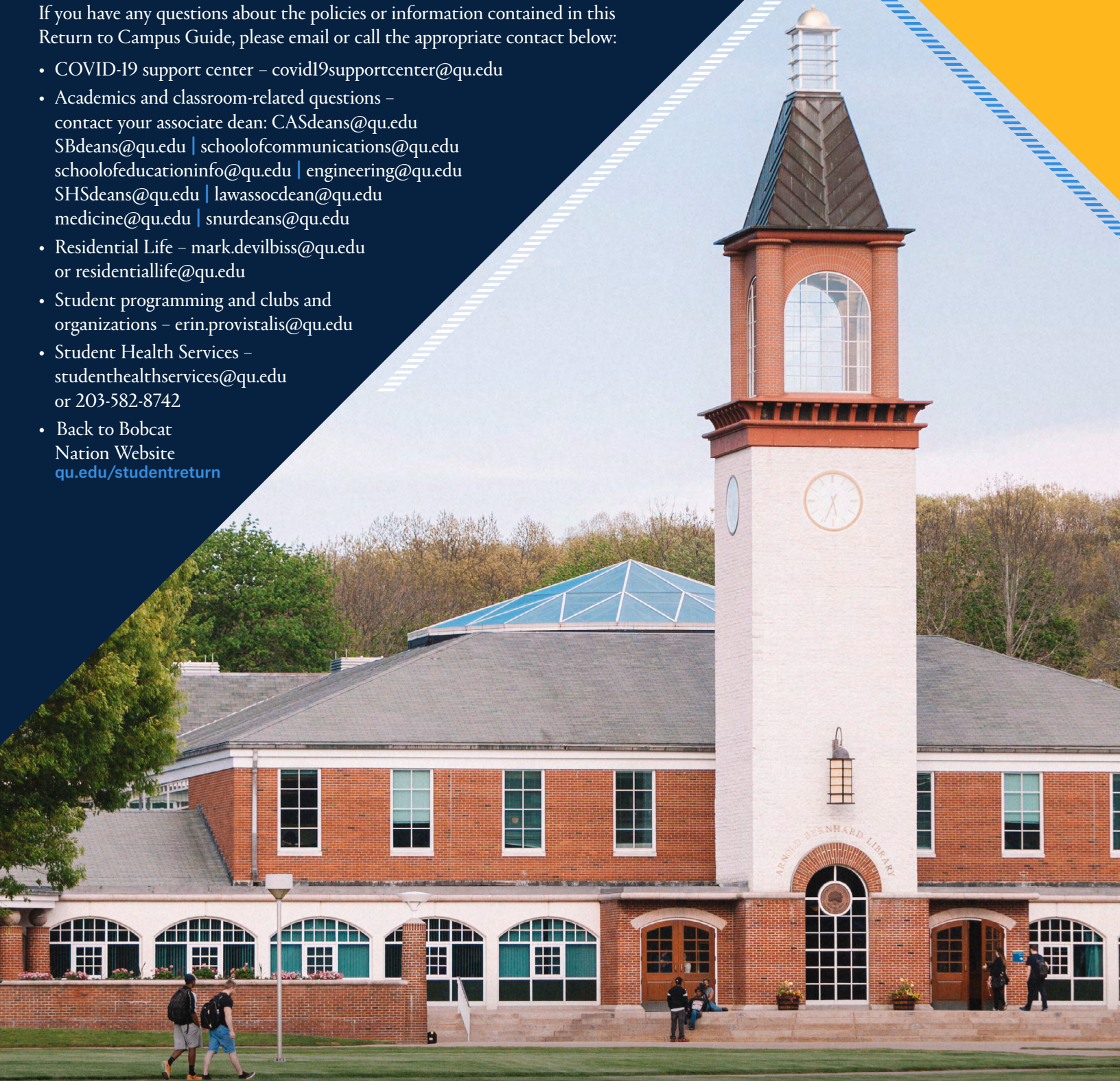


Websites and Contact Information



If you have any questions about the policies or information contained in this Return to Campus Guide, please email or call the appropriate contact below:

- COVID-19 support center – covid19supportcenter@qu.edu
- Academics and classroom-related questions –
contact your associate dean: CASdeans@qu.edu
SBdeans@qu.edu | schoolofcommunications@qu.edu
schoolofeducationinfo@qu.edu | engineering@qu.edu
SHSdeans@qu.edu | lawassocdean@qu.edu
medicine@qu.edu | snurdeans@qu.edu
- Residential Life – mark.devilbiss@qu.edu
or residentiallife@qu.edu
- Student programming and clubs and organizations – erin.provitalis@qu.edu
- Student Health Services –
studenthealthservices@qu.edu
or 203-582-8742
- Back to Bobcat
Nation Website
qu.edu/studentreturn



The university has taken steps to implement substantial precautions to prevent the spread of COVID-19. By entering onto the Quinnipiac University campus, the student agrees to abide by all university policies and procedures related to COVID-19. The student voluntarily and knowingly assumes the risk of exposure to or infection by COVID-19 by using the services or premises, and that such exposure or infection may result in personal injury or illness. The student also acknowledges that it is impossible to fully mitigate the risk of becoming exposed to or infected by COVID-19 and that such exposure or infection may result from the actions, omissions or negligence of the student, university faculty and staff and other students or visitors to campus. The university will follow all state guidelines and provide guidance on proper protection to alleviate and/or decrease the spread of viruses.