

Quinnipiac

UNIVERSITY

Biennial Review of
Alcohol and Other Drug Programs
Fall 2016 to Spring 2018

Prepared by the Office of the Dean of Students

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I. Introduction

Biennial Review of Quinnipiac University Alcohol and Other Drug (AOD) Programs – 2016 to 2018

The Drug-Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (IHE) such as Quinnipiac University to certify that it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by QU students and employees, both on its premises and as a part of any of its activities. At a minimum, each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- A description of the legal sanctions under local, state or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students; and
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct.

The law further requires that the institution conduct a biennial review of its programs with the following objectives:

- Determining the effectiveness of the policy and implementing changes to the alcohol and other drug programs if they are needed; and
- Ensuring that the sanctions developed are enforced consistently.

The biennial review also must include a determination as to:

- The number of drug- and alcohol-related violations and fatalities occurring on the campus or as part of any activities that are reported to campus officials; and
- The number and types of sanctions the IHE imposes on students or employees as a result of such violations or fatalities.

In acknowledgment of its legal obligation to conduct a biennial review in compliance with the Drug-Free Schools and Communities Act, Quinnipiac University authorized an administrative review to be conducted to determine if the institution fulfills the requirements of the previously mentioned federal regulations.

The vice president for student affairs and dean of students or designee is responsible for completing the biennial review. Policies and procedures for students and employees regarding standards of conduct involving alcohol and drugs are available in both the Student Handbook and Employee Handbook.

II. AOD Policy Inventory

Population	Location of policy	Appendix
Students	Student Handbook, presentations during first-year and transfer orientation, residential floor meetings	A
Residential Students	Student Handbook, presentations during first-year and transfer student orientation, residential floor meetings	B, C
Student Organizations	Student Handbook, “Nuts and Bolts” Training	D
Fraternities and Sororities	Student Handbook, Foundations (New Member Education Program), Officer Training Academy	E
Faculty and Staff	MyQ intranet portal, Human Resources Policy Manual	J
Students, Faculty and Staff	Student Handbook	I

III. AOD Program Inventory Fall 2016 to Spring 2018

*all programs are free to students, faculty and staff

Department/ Student Group	Program	Description	Goals	Participants
Alpha Chi Omega Sorority	Alcohol Skills Training	This program aims to educate students about alcohol-related behavior and increase interest in critically examining their drinking patterns and eventually implementing the skills they learn.	Help students learn to recognize high-risk situations and to minimize the potential negative consequences through preventive action, reduced consumption and/or abstinence.	126 members of group
Alpha Sigma Phi Fraternity	Aware Awake Alive Fundraiser	Students purchase raffle tickets to earn a chance to win a prize. Proceeds go to philanthropy organization, Aware Awake Alive.	Raise awareness about the mission of Aware Awake Alive, which is to equip youth and their communities with the tools and confidence to prevent lives lost from alcohol poisoning.	
Chi Upsilon Sigma National Latin Sorority, Inc.	The Impact of Drugs	Discussion about how drugs have affected our society.		20 members of group
Counseling Services	Counseling appointments	Open to all students Monday through Friday.	Students are seen for specific alcohol-related issues.	As needed for any undergraduate or graduate student.
Counseling Services	Fresh Check Day	Event with different booths to engage students in dialog surrounding mental wellness; also to	Increase knowledge of mental health resources on campus, reduce stigma surrounding seeking help, including	800 students each year

		encourage them to seek resources.	overcoming addiction to drugs/alcohol.	
Dean of Students	Alcohol EDU	National online course that provides education and prevention measures for alcohol, drugs and sexual assault.	Encourage thought and educate about alcohol and drug use, encourage bystander behavior and assess alcohol and drug usage prior to enrollment.	All first-year students each academic year
Dean of Students	Student Health 101 emails	Weekly emails sent to all students containing various health and wellness advice, including but not limited to topics of alcohol and drugs.	Create another method for students to easily engage with prevention topics.	All undergraduate students on a weekly basis.
Fraternity & Sorority Life	Social Event Manager Training (SEMT)	75-minute workshops that are given to students to train them to host and manage on- or off-campus events where alcohol will be served.	Create a shared partnership for addressing high-risk drinking behaviors, emergency procedures, and bystander intervention techniques.	Approximately 675 fraternity & sorority members trained each academic year across 20 training sessions annually.
Pi Beta Phi Sorority	Critical Conversations: Alcohol Skills Training Program	Workshop to educate members on alcohol-related behavior while increasing members' interest in critically examining their drinking patterns and eventually implementing the skills they learn.	Minimize the potential negative consequences through prevention, reduced consumption or abstinence.	72 members of group
Residential Life	Alcohol & Drug Educational/Prevention/Safety Bulletin Boards	Passive programming on bulletin boards in residence halls made by resident assistants.	Encourage safe practices while drinking, learn the dangers of drinking alcohol and overconsumption, and give an understanding of the policies and consequences surrounding AOD.	7 bulletin boards in different residential areas.
Residential Life	Alcohol & Drug Educational/Prevention/Safety Events	Active programs hosted by resident assistants for students in their hall/residential area.	Encourage safe practices while drinking, learn the dangers of drinking alcohol and overconsumption, and give an understanding of the policies and consequences surrounding AOD.	730+ resident students across 24 events.

Student Health Services	Can assess intoxicated students 24 hours a day, 7 days a week	Provide acute care to intoxicated students.		As needed for any undergraduate or graduate student.
Student Health Services	Health Fair	Revived annual program (Spring 2018) with booths from various campus groups and outside organizations/companies, some providing information on the abuse and prevention of AOD.	Engage students in information that will promote their health and well-being in a fun and interactive way.	Approximately 350 students

IV. Institutional Community Resources

CARE Team: Guided by university values of a student-oriented environment and a strong sense of community, the CARE (Community, Assessment, Response and Evaluation) Team employs a caring, preventive, early intervention approach with students who exhibit concerning or disruptive behaviors. The multidisciplinary team meets weekly to review and discuss new referrals, ongoing cases and the best course of action to support the student of concern. CARE Team members are trained through the National Behavioral Intervention Team Association (NaBITA) in both behavioral intervention and threat assessment. Objective risk rubrics are utilized for consistent and objective assessments of potential risks and emerging threats toward self or others. By partnering with members of the Quinnipiac community, the CARE Team works to promote student well-being and success in the context of community safety.

Counseling Services: This office provides access to care for students who may be seeking help for emotional distress. The goal is to assist students through brief therapy while addressing concerns that may be negatively impacting academic performance or the student’s quality of life within the university community. Counselors and a part-time psychiatrist are a resource for students struggling with stress, anxiety, depression, relationship problems, eating disorders **and alcohol or drug abuse**. Other common problems include difficulty making decisions, low self-esteem, procrastination or the stress of leaving home while adjusting to college life. Counseling staff members also are available to assist any student who has been affected through physical or sexual violence or who may be grieving the loss of a loved one.

The **Office of Student Conduct** assists students in making positive decisions and being responsible citizens in the Quinnipiac and surrounding communities. Using the Student Code of Conduct as a foundation for community standards, the office provides resources and education to students, staff and parents. The staff members in the Office of Student Conduct, along with student conduct officers, help students analyze their behavior and the effect it is likely to have on the community, identify the impact of their personal decisions, and define their personal values.

The Office of Student Conduct:

- Advises and assists parties involved in conduct proceedings
- Trains and advises student conduct officers and student leaders
- Reviews decisions of the code of conduct process
- Maintains all student disciplinary records
- Collects and disseminates research and analysis concerning student conduct
- **Provides educational outreach programs for students regarding alcohol and drugs**

Lifescop Employee Assistance Program provides confidential and voluntary counseling referral services free of charge to all faculty and staff at the institution and members of their family household.

Employee Assistance Program	2016–17	2017–18
Alcohol/Drug Related Referrals	2	0

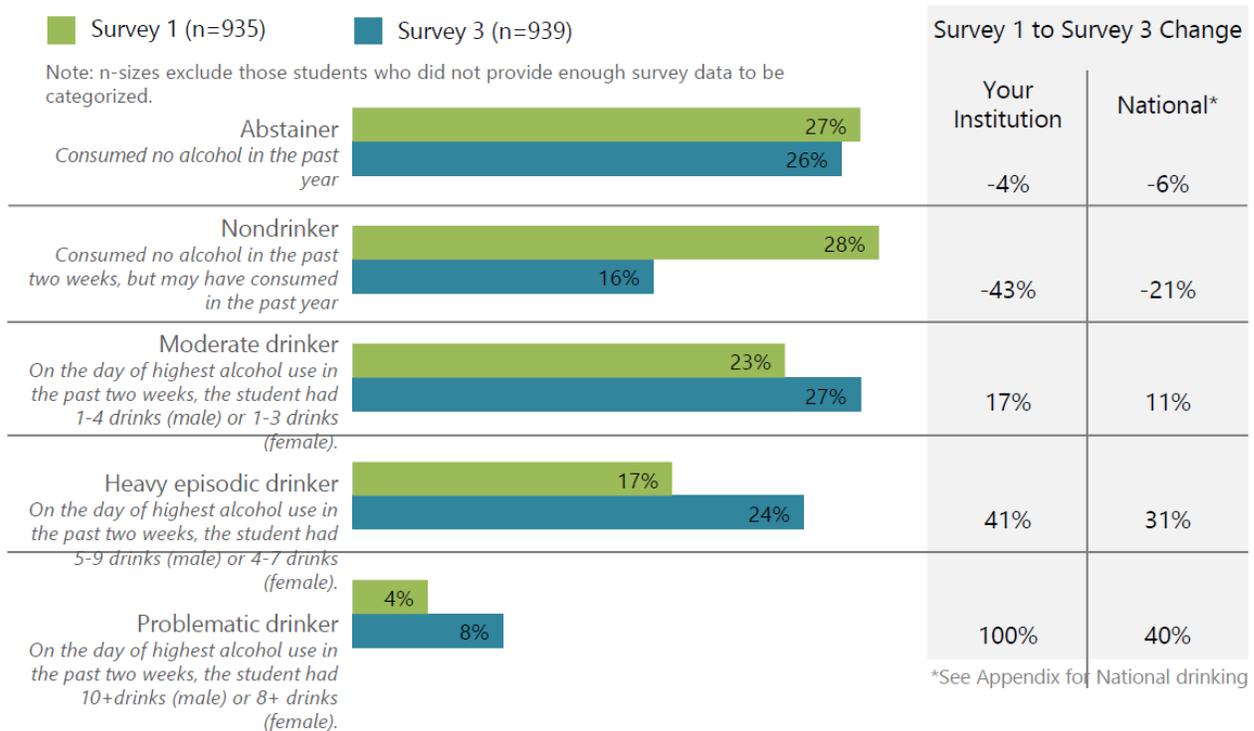
V. University Prevention Team

In Fall 2016, the Office of Student Affairs established the Prevention Task Force, with multiple subcommittees including one on alcohol and drugs. The group’s purpose is to increase alcohol awareness and decrease negative behavior while establishing positive relationships with the surrounding community. Members of the Alcohol and Drug Subcommittee in the 2016-17 academic year were:

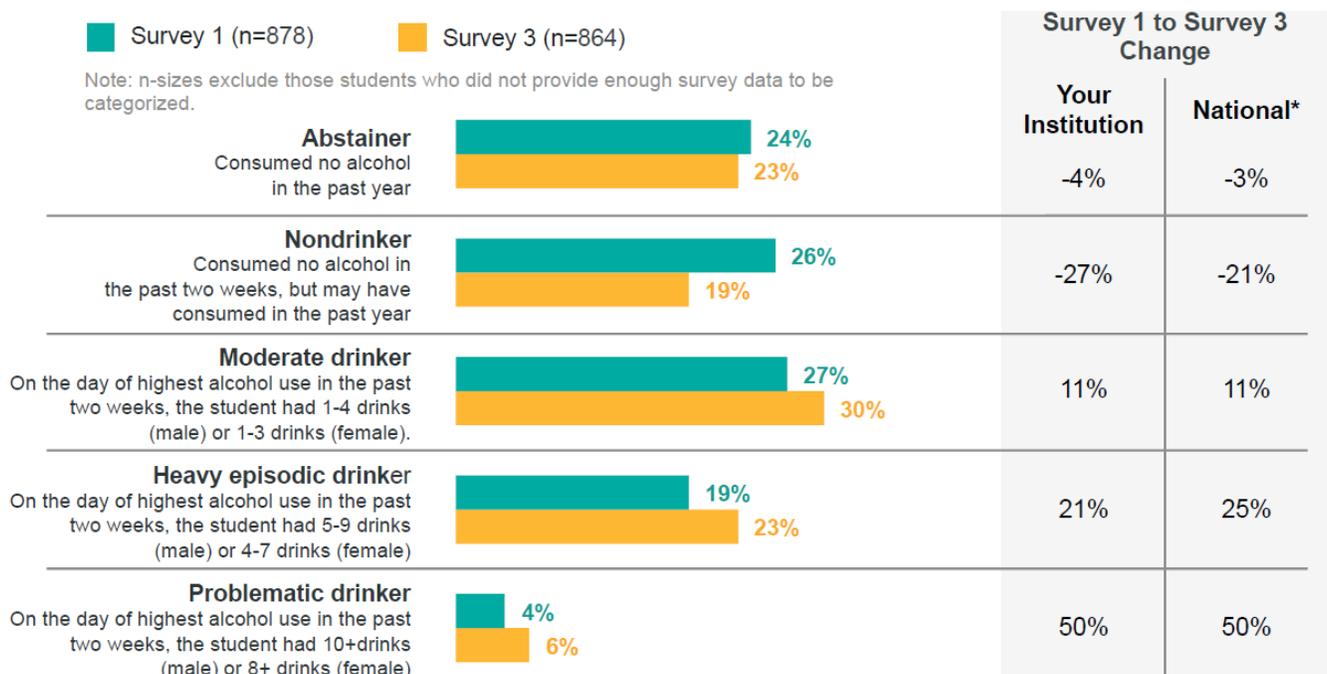
- **Courtney McKenna, Director of Student Affairs, Dean of Students office (Prevention Task Force Chair)**
- Megan Buda, Director of Student Conduct, Dean of Students office (**Subcommittee Co-Chair**)
- Lauren Sardi, Associate Professor of Sociology, College of Arts & Sciences (**Subcommittee Co-Chair**)
- Mary Pellitteri, Counselor, Office of Counseling Services
- Stefano Fasulo, Associate Director of Campus Life, Office of Campus Life
- Katherine Pezzella, Director of Fraternity & Sorority Life, Office of Fraternity & Sorority Life
- Kate St. Marie, Residence Hall Director, Office of Residential Life
- Chris Hakala, Executive Director of the Center for Teaching & Learning, Academic Innovation & Effectiveness

VI. Institutional Research and Culture

All first-year students complete Alcohol EDU, an evidence-based online alcohol education program. The institution has utilized this platform and data since 2007. The information retained from this survey has supported anecdotal information about the institution’s alcohol culture. The data have been frequently referenced when establishing new policies and linking retention efforts surrounding alcohol. Additionally, these data have been shared with various institutional partners. Recent trends have shown that more Quinnipiac students come to college having already consumed alcohol (50%) compared to the national average (34%) and institutional data from prior years (38% of students entering Fall 2015). With these changes in trends, the institution has seen more ‘risky’ behaviors, such as increased transport numbers. Additionally, Quinnipiac has approximately 18% more students who drink than the national average as of Fall 2017.



(Quinnipiac University Alcohol EDU 2016–17 Impact Report)



(Quinnipiac University Alcohol EDU 2017–18 Impact Report)

VII. Prevention Training for Professional and Paraprofessional Staff

Annually, members of our university community are trained on issues surrounding alcohol by staff within the Office of Student Conduct and/or Dean of Students. These topics include policy enforcement, identifying intoxicated students, treating intoxicated students, and Quinnipiac University student trends with alcohol use. Groups that are trained, as a whole or in part, may include but are not limited to:

- a. Office of Campus Life – Orientation Leaders
- b. Office of Health and Wellness – Nurses, EMTs, administrative staff, mental health counselors
- c. Department of Public Safety – Public Safety Officers
- d. Office of Residential Life – Residence Hall Directors, Resident Assistants and Community Assistants
- e. Office of Fraternity and Sorority Life – Social Event Managers
- f. Faculty Senate – Student Affairs Committee

VIII. Enforcement

The Department of Public Safety and Office of Residential Life are the two departments primarily responsible for enforcing policy and documenting policy violations on campus. The university also receives referrals from the local police; most frequently from Yale University Police, New Haven Police and Hamden Police. Law enforcement referrals are sent through the Quinnipiac Department of Public Safety. The following data represent the total number of referrals from different locations over three calendar years, coming from all enforcing departments listed:

Clery Report	2016	2017	2018
On campus, other than residence halls	82	110	Data not compiled as of December 2018.
On campus, student housing	508	509	
Non-campus building or property	0	0	
On public property	0	0	
TOTAL	590	619	

The Office of Student Conduct oversees distribution and management of student conduct cases. There are approximately 18 professional staff members in Student Affairs who hear conduct meetings. The following data represent the number of AOD-related policy violations that occurred in each academic year:

Policy Description	2016–17	2017–18
Underage Possession	498	531
Alcohol Distribution	5	19
Intoxicated Behaviors	58	16
DUI	0	0
Excessive Quantities/Common Sources	22	12
Large Gatherings	40	55
Drinking Games/Paraphernalia	255	319
Public Area & Student Events	0	16

The data below represent the total number of corresponding AOD-related sanctions as a result of the above policy violations. Note that not all respondents are found responsible, and students may violate multiple policies within the same documented incident.

Sanction	2016–17	2017–18
Student Conduct Warning (first-year students only)	170	188

Counseling Referrals	20	4
Educational Sanctions	509	506
Fines/Restitution	418	407
Loss of Privilege/Restriction	16	27
Probationary Status	350	348
Housing Suspension (includes weekend and semester)	63	50
Separation from Institution	5	22

The university offers a 24/7 Student Health Center. Students and staff can bring intoxicated students to the health center to be evaluated by nurses and/or EMTs. There, it is determined whether it is medically necessary to send the student to the local emergency room. Students who remain at the Health Center do not have a conduct meeting. Rather, they have an educational meeting with a residence hall director and are required to complete an online personalized alcohol assessment.

Students who are too intoxicated to remain on campus are sent to the emergency room. Students requiring medical transport to the hospital attend a series of meetings with university officials. During the transport, a nurse or public safety officer notifies parents immediately. Once a student is released from the hospital, a university staff member within the Office of the Dean of Students schedules an educational meeting with the student. Students were required to see a university counselor and then attend a student conduct meeting for the intoxicated behavior, but that procedure was modified in the Fall 2016, removing mandatory counseling meetings in favor of an education-focused approach and integration of the Brief Alcohol Screening and Intervention for College Students (BASICS) program into conduct meetings.

	2016–17	2017–18
AOD Transport	100	67
AOD Non-Transport/Medical Assessment	113	121

The Office of Student Conduct in coordination with the Office of Campus Life holds student organizations accountable for any violations regarding alcohol. These organizations may include but are not limited to fraternities and sororities.

	2016–17	2017–18
Student Organization Policy Violations	0	5

IX. Summary of Future Recommendations

Following the Spring 2018 semester, it was determined that there was a need for more alcohol education for the entire student body. The mandated Alcohol EDU course was not enough to impact student behavior. Given analysis of campus culture and data, the Office of the Dean of Students made the following changes based on previous data and recommendations, which will go into effect beginning in the of Summer 2018.

- Implementation of a prescription drug abuse prevention course for all incoming first-year students in addition to Alcohol EDU.
- A full-time prevention and wellness educator hired as part of Health & Wellness Staff.
- Roll out four-year online course plan for Alcohol EDU and prescription drug abuse prevention programs.

X. Appendixes

Note that many of these policies are small excerpts specifically relating to alcohol and/or drug use prevention from larger, broader policies.

a. Student Code of Conduct: Policy on Alcohol
Student Handbook 2017–18 (page 64)

1. Alcohol

Students should review and are expected to abide by Connecticut state laws and the Quinnipiac alcohol policy as published in the Student Handbook, or otherwise distributed or published by Quinnipiac.

- A. Members of the Quinnipiac community or guests/visitors under the age of 21 may not possess or consume alcoholic beverages.
 - B. Individuals may not distribute, transport, serve and/or purchase alcohol to/for minors.
 - C. Students who display intoxicated behaviors (i.e., slurred speech, glazed eyes, etc.) or students who require staff assistance due to the consumption of alcohol or illegal drugs are subject to disciplinary action.
 - D. Operating a motor vehicle while under the influence of alcohol is prohibited.
 - E. Kegs/beerballs, common sources, and/or excessive quantities of alcoholic beverages are prohibited.
 - F. Large gatherings or events where alcohol is present are prohibited.
 - G. Possession or use of drinking paraphernalia, devices and/ or games that promote consumption of alcohol (i.e., beer bong, beer-pong tables, funnels, empty alcohol containers, etc.) are prohibited. Such items may be confiscated and not returned.
 - H. Possession or consumption of alcoholic beverages in public areas, except where designated, or at university events (including student organization events) where alcohol is not served, regardless of age, is prohibited.
 - I. Selling of alcoholic beverages without a license is prohibited.
2. Controlled Substances
- A. The possession and/or use of illegal or harmful drugs is prohibited.
 - B. The manufacture, distribution, possession with intent to sell and/or sale of prescription medication, illegal or harmful drugs is prohibited.
 - C. The possession and/or use of drug paraphernalia is prohibited.
 - D. The improper possession and/or misuse of prescription medication is prohibited.

b. Residential Life Policy
Student Handbook 2017–18 (page 48)

Prohibited items, including but not limited to the following:

- alcohol or drug paraphernalia
- bars and bar-like structures
- collections and/or displays of alcohol containers (including empty boxes, bottles, cans)
- hookah pipes or equipment

c. Residential Life – Senior Housing
Senior Housing Resource Guide
Distributed Annually via Online Student Housing Portal

Senior Policies & Procedures (General):

- Drinking games such as beer pong, flip cup, quarters, etc. are not permitted.
- Regardless of age, residents are not permitted to provide students who are under the age of 21 with alcohol.

- Common sources including, but not limited to, kegs, jungle juice, beer balls, or excessive amounts of alcohol, are prohibited on all campus properties. If found, they will be confiscated and students will go through the student conduct process.

d. Student Organization Policies: Alcohol and Drugs
Student Handbook 2017–18 (page 31)

With the exception of fraternities and sororities or where provided written approval from the Office of Campus Life, student organizations are not permitted to host or co-sponsor events with alcohol.

- The possession, sale, use or consumption of alcoholic beverages, while on Quinnipiac University premises or during a student organization event, in any situation sponsored or endorsed by the student organization, or at any event on or off campus an observer would associate with the student organization, must be in compliance with any and all applicable state and local laws, Quinnipiac University and other organizational policies, and must comply with inter/national organization's Third Party Vendor Guidelines.
- No alcoholic beverages may be purchased through or with student organization funds; nor may the purchase of alcoholic beverages for members or guests be undertaken or coordinated by any member in the name of or on behalf of the student organization, either formally or informally. The purchase or use of a bulk quantity or common source(s) of alcoholic beverages, for example, kegs or cases, and/or common excessive quantities of alcohol, is prohibited.
- Open parties or gatherings, meaning those with unrestricted access by non-members of the student organization, without specific invitation, where alcohol is present, are prohibited.
- No members, collectively or individually, shall acquire, serve to, or sell alcoholic beverages to any individuals under the age of 21.
- The possession, sale or use of any illegal drugs or controlled substances while on Quinnipiac University premises or during an event on or off campus that an observer would associate with the student organization is strictly prohibited.
- No student organization may co-sponsor an event with an alcohol distributor or tavern (tavern defined as an establishment generating more than half of annual gross sales from alcohol) at which alcohol is given away, sold or otherwise provided to those present. This includes any event defined as a fundraiser. However, a student organization may rent or use a room or area in a tavern as defined above for a closed event held within the provisions of this policy, including the use of a third party vendor and guest list.
 - An event at which alcohol is present may be conducted or co-sponsored with a charitable organization if the event is held within the provisions of this policy.
- No student organization may co-sponsor, co-finance, attend or participate in a function at which alcohol is purchased by any of the host organizations, groups or teams.
- Alcohol is prohibited at all recruitment activities associated with a student organization. No recruitment activities associated with any student organization may be held at or in conjunction with a tavern or alcohol distributor as defined in this policy.
- No member or new/associate member shall permit, tolerate, encourage or participate in games that promote consumption of alcohol at student organization events or at any event that an observer would associate with the student organization.
- No alcohol shall be present at any new/associate member program, formal or informal activity, or ritual of a student organization.
- For all events involving alcohol, including but not limited to socials, mixers, semi-formals and/or formals, the following procedures must be adhered to:
 - The event must comply with all student organization policies and procedures including those listed in this policy.
 - The event must be properly registered and approved via Do You QU.
 - University-trained sober monitors are required at a ratio of one sober monitor per 20 guests for the duration of the event.

- Food and non-alcoholic/alternative beverages must be provided in appropriate quantities.
- Student organization must hire security personnel to assist with venue safety and/or event issues.
- The Third Party Vendor must agree in writing, via the Third Party Vendor Agreement, to adhere to the responsibilities and requirements stated in the agreement.
- The student organization member(s) responsible for planning the event and for risk management must meet with Campus Life/Fraternity and Sorority Life staff at least 14 days prior to the event.
 - Due at the meeting: a completed Sober Monitor Agreement and Third Party Vendor Agreement.
 - For completion in the meeting: Event Risk Assessment Form.
 - Failure to meet aforementioned deadlines will result in cancellation of the event.

e. Fraternity and Sorority Risk Management Policy
Student Handbook 2017–18 (page 42)

Policy on Risk Management

The Quinnipiac University Student Organization Risk Management Policy exists to encourage safety and provide risk management standards for all student organizations including fraternities, sororities and governing councils. This policy addresses alcohol and drugs; hazing; discrimination, harassment and abuse; and fire, health and safety.

f. Policy Statement on Hazing
Student Handbook 2017–18 (page 70)

Hazing is defined as, but not limited to, any action taken or situation created intentionally as a method of initiation into any student organization, student athletic team or group of students regardless of membership status, whether on or off campus, to create mental or physical discomfort, embarrassment, harassment, ridicule, physical or psychological shock, or potential mental or physical injury. The expressed or implied consent of the person being hazed will not be a defense. Knowledge of, apathy toward or acquiescence in the presence of hazing are not neutral acts and will be construed as violations of this standard. Individuals who perpetrate, plan or witness (without reporting) a hazing incident or have prior knowledge or withhold information of an incident are subject to conduct action. Such activities may include, but are not limited to the following:

- Asking or forcing any members to drink alcoholic beverages or use illegal substances

g. Policy Statement on Posting
Student Handbook 2017–18 (page 71)

The Office of Campus Life reserves the right to deny the posting of any flyer, sign, poster, banner or announcement, including but not limited to those that promote:

- the use of alcoholic beverages

h. Policy Statements Regarding Student Organization Use of Media
Student Handbook 2017–18 (page 71)

Advertising

Recognized student organizations may choose to refuse advertising that can be considered libelous, defamatory, obscene, in poor taste, is demonstrably false, or otherwise conflicts with the values of the Quinnipiac University community. Advertising that promotes the use of alcoholic beverages, tobacco products, off-campus housing, non-Quinnipiac degree programs, violations of any local, state or federal laws, or University policies is prohibited. The Office of Campus Life, in collaboration with the Dean of Students office reserves the right to prohibit at its discretion any individual or category of advertising in

any recognized student organization's media materials.

i. Policy Statement on the Prevention of Alcohol Abuse and Other Drug Use
Student Handbook 2017–18 (page 75)

The health and well-being of students in our community is paramount. Therefore, Quinnipiac University empowers students to make healthy and responsible decisions about their behaviors, including alcohol and other drug use, that affect them and the Quinnipiac community as a whole. University prevention programs, policies and resources focus on reducing high-risk behaviors and promoting safe, legal and responsible student choices.

Behavioral Expectations

The behavioral expectations that Quinnipiac University has for all students—whether on or off campus—are outlined in the Student Code of Conduct. The Student Code of Conduct, including specific codes pertaining to alcohol and drugs, can be found on pages 63-64 of the Student Handbook. Additionally, policies that outline expectations for student organizations as they relate to alcohol and/or other drugs can be found on page 31 of the Student Organization and page 42 of the Fraternity and Sorority Life sections of the Student Handbook.

Bystander Intervention

Members of the university community who are aware of an incident involving alcohol or other drug abuse, unsafe situations involving alcohol and/or drugs and students who are in need of medical assistance due to alcohol and/or drugs are encouraged to speak to a university staff member to request assistance. Although policy violations cannot be overlooked, the university will consider the positive impact of reporting an incident when determining the appropriate response for policy violations.

Medical Assistance

While the university reserves the right to refer matters to student conduct for review, students who specifically seek medical assistance from a university staff member for themselves or others will not face student conduct action unless other policy violations are present. In cases where a student is seen in Student Health Services or sent to the hospital for alcohol/drug intoxication, students will be required to attend an educational meeting with a university staff member. This educational meeting serves as an opportunity to check in with, offer resources to and provide other information that could benefit the affected student.

Student Disciplinary Sanctions

Students found responsible for violations of the Student Code of Conduct may result in one or more sanctions. A list of possible sanctions can be found on pages 35 of the Student Handbook.

Legal Sanctions

Quinnipiac students are subject to local, state and federal laws concerning the use and possession of alcohol and other drugs. These local, state and federal laws and applicable legal sanctions are outlined below.

Alcohol: Section 30-89(a) of Connecticut statutes states that it is unlawful for a minor (under the age of 21) to purchase, attempt to purchase, or make a false statement in connection with the attempted purchase of alcohol. Section 30-89(b) states that possession of alcohol by a minor anywhere is illegal, except where the minor is accompanied by a parent, guardian or spouse over the age of 21. The fine ranges from \$200–\$500.

Social Host: Public Act No 06-112 (a) No person having possession of, or exercising dominion and control over any dwelling unit or private property shall (1) knowingly permit any minor to possess

alcoholic liquor in violation of subsection (b) of section 30-89 of the general statutes, as amended by this act, in such dwelling unit or on such private property, or (2) knowing that any minor possesses alcoholic liquor in violation of subsection (b) of section 30–89 of the general statutes, as amended by this act, in such dwelling unit or on such private property, fail to make reasonable efforts to halt such possession. For the purposes of this subsection, “minor” means a person under 21 years of age.

Drugs: Connecticut statutes cover a wide range of drug offenses, including the offer, sale, possession with intent to sell, gift and mere possession of various types of drugs (21a CONN GEN STAT Section 277, 278, 279 and PA 15-2). NOTE: PA 15-2 “June Special Session” replaced the prior penalty structure for drug possession crimes, which punished possession of most types of illegal drugs as felonies. Refer to summary of Connecticut Drug Offenses for Possession and Sale as well as the cited Connecticut General Statutes (CGS) relative to each at cga.ct.gov/2015/rpt/pdf/2015-R-0219.pdf or can also be found in the Quinnipiac University Annual Security Report.

Federal Law (Controlled Substances Act 21 U S C Section 841, 843b, 844, 845, 846, (1988)) states that it is unlawful (1) to manufacture, distribute, or dispense, or possess with intent to manufacture, distribute, or dispense, a controlled substance; or (2) to create, distribute, or dispense, or possess with intent to distribute or dispense, a counterfeit substance. Additional information on federal crimes and penalties related to all sections of the Controlled Substances Act can be found at deaddiversion.usdoj.gov or can also be found in the Quinnipiac University Annual Security Report.

Medical Marijuana: In accordance with federal law, the university does not permit the possession, use or distribution of marijuana. As such, students in possession of medical marijuana prescriptions (issued in Connecticut or any other state) are not permitted to use or possess marijuana on university property.

Health Risks of Alcohol and other Drug Use or Abuse

According to the National Institute of Alcohol Abuse and Alcoholism, “harmful and underage college drinking are significant public health problems, and they exact an enormous toll on the intellectual and social lives of students on campuses across the United States.” Moreover, “drinking too much—on a single occasion or over time—can take a serious toll on your health” including but not limited to:

- Alcohol interferes with the brain’s communication pathways, and can affect the way the brain looks and works. These disruptions can change mood and behavior, and make it harder to think clearly and move with coordination.
- Drinking a lot over a long time or too much on a single occasion can damage the heart, causing problems including: cardiomyopathy—stretching and drooping of heart muscle, arrhythmias—irregular heartbeat, stroke and high blood pressure.
- Heavy drinking takes a toll on the liver, and can lead to a variety of problems and liver inflammations including: steatosis, or fatty liver, alcoholic hepatitis, fibrosis and cirrhosis.
- Alcohol causes the pancreas to produce toxic substances that can eventually lead to pancreatitis, a dangerous inflammation and swelling of the blood vessels in the pancreas that prevents proper digestion.
- Drinking too much alcohol can increase your risk of developing certain cancers, including cancers of the mouth, esophagus, throat, liver and breast.
- Drinking too much can weaken your immune system, making your body a much easier target for disease. Chronic drinkers are more liable to contract diseases like pneumonia and tuberculosis than people who do not drink too much. Drinking a lot on a single occasion slows your body’s ability to ward off infections – even up to 24 hours after getting drunk.

Visit niaaa.nih.gov/alcohol-health/alcohols-effects-body for more information.

In addition to the health risk posed by alcohol, those posed by use of other drugs are also of concern. According to the National Institute on Drug Abuse, “drug use can have a wide range of short- and long-term, direct and indirect effects. These effects often depend on the specific drug or drugs used, how they are taken, how much is taken, the person’s health and other factors. Short-term effects can range from changes in appetite, wakefulness, heart rate, blood pressure and/or mood to heart attack, stroke, psychosis, overdose and even death. These health effects may occur after just one use. Longer-term effects can include heart or lung disease, cancer, mental illness, HIV/AIDS, hepatitis and others. Long-term drug use can also lead to addiction.” Furthermore, “drug use can also have indirect effects on both the people who are taking drugs and on those around them. This can include affecting a person’s nutrition; sleep; decision-making and impulsivity; and risk for trauma, violence, injury and communicable diseases.” Visit drugabuse.gov/related-topics/health-consequences-drug-misuse for additional information on how various drugs affect the body and disease risk.

Alcohol and Other Drug Support Resources

On-Campus:

- Counseling Services:
Health & Wellness Center - Mount Carmel, 203-582-8680
- Student Health Services:
Health & Wellness Center - Mount Carmel (24/7), 203-582-8742
Health & Wellness Center - York Hill, 203- 582-3890
- CARE Team: care@qu.edu, 203-582-CARE (2273)

Off-Campus:

- Substance Abuse and Mental Health Services Administration
National Helpline, 1-800-662-HELP (4357)
- Alcoholics Anonymous Connecticut Statewide 24-Hour Hotline: 866-783-7712, aa.org
- Connecticut Region of Narcotics Anonymous Statewide phone line: 1-800-627-3543, ctna.org
- Wheeler Clinic - Navigation Center: 860-793-3500, info@wheelerclinic.org
- Rushford Clinic: 877-577-3233, rushford.org, 883 Paddock Ave, Meriden, CT
- Turnbridge: 877-581-1793, tpaddictiontreatment.com, 189 Orange St., New Haven, CT

j. Policy on Faculty/Staff-Sponsored Events with Alcohol

MyQ: Event Management Rules and Regulations

<https://myq.quinnipiac.edu/Campus%20Offices/Public%20Affairs/Special%20Events%20Office/Pages/EventManagementRulesandRegulations.aspx#Special-Rules-Regarding-Alcohol>

Special Rules Regarding Alcohol

In general, alcohol is prohibited at events on campus. In rare instances when alcohol is permitted, permission must be obtained in advance at least one week prior to the event by contacting John Meriano, associate vice president for auxiliary services, ext. 8763.

Alcohol is generally discouraged in common areas, lounges, hallways, public spaces while classes are in session. Alcohol is not permitted in the Carl Hansen Student Center while classes are in session. Events with alcohol that take place at the Rocky Top Student Center require the presence of a Public Safety officer for the duration of the event.

k. Policy on a Drug-Free Workplace (*Employees*)

Policy Manual Section 2.04

The unlawful manufacture, distribution, dispensation, possession or use of a controlled substance or being under the influence of illegal drugs or alcohol on the University campuses or on university business is prohibited. Violators will be subject to disciplinary action up to and including termination.