Return to Campus Guide for Students

qu.edu/studentreturn

SCAN
for more information and resources
# Welcome Back to Campus

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Welcome Back to Campus

Dear students,

We are excited to welcome you back to campus in a few weeks!

Campus life this year comes with new shared responsibilities and a commitment to maintain a healthy Quinnipiac community. Our campus spaces will look a bit different this fall, from the residence halls and dining halls to our classrooms and labs.

There will be many new procedures, policies and changes to daily operations implemented so you can live and learn safely in our community. We'll ask you to respect physical distancing, wear face coverings and monitor your health daily. There will be signage throughout our facilities and campuses reminding everyone how to navigate safely.

You probably have some questions for us, and we hope this Return to Campus Guide answers many of them. We will continue to provide additional information in a timely manner, as our fall reopening plans and campus preparations must be flexible to adjust to the latest health guidelines and status of the spread of COVID-19. Our actions and decisions have been, and will continue to be, based on the guidance of university experts and of local, state and federal officials with the health and safety of Quinnipiac’s faculty, staff, students and neighbors our top priority. Please check our new Back to Bobcat Nation Student Resource Page regularly to learn more about what campus life will be like in Fall 2020. We will be adding updates and new content throughout the summer.

We are all eager to get back to Bobcat Nation. If we want to spend the full fall semester on campus, and not at home, we each need to do our part to follow the guidelines in this manual. COVID-19 will change many of our daily routines this fall, but it won’t change the vibrancy of our Quinnipiac community and the kindness and respect we show for each other.

Together we can stay healthy!

Sincerely,

Monique Drucker, EdD
Vice President and Dean of Students
Student Health and Safety

EXPECTATIONS AND ACCOUNTABILITIES

Being part of the Quinnipiac community means each of us must take extraordinary steps to stay well and protect each other, both on campus and in the Hamden and North Haven communities. We ask all students, faculty and staff to sign a pledge to take responsibility for their own health by practicing the actions set forth in this manual and to work diligently to keep the Quinnipiac community safe from the spread of COVID-19 and other illnesses. These actions include practicing good hygiene, symptom monitoring, participating in university-sponsored testing, avoiding parties and other gatherings where social distancing is not possible, and self-quarantining if feeling ill or if exposed to someone who has tested positive for COVID-19.

Quinnipiac Pact

Quinnipiac is our home away from home. When our faculty, staff and students are among their Bobcat family, their health, safety and support needs will be cared for as if they’re with their own family. Through this pledge, we acknowledge the impact our actions have on each other, and the role we each have in keeping our Quinnipiac community safe from the spread of COVID-19. By signing this pledge, I am committing to protect my own health, to help protect the health of others, and to prevent the spread of COVID-19 in our neighborhoods and communities:

1 Protect MY OWN HEALTH
   • Use our mobile symptom-checking app each day to self-monitor for the symptoms of COVID-19.
   • Wash my hands with soap and water for at least 20 seconds frequently, and use hand sanitizer when soap and water are not available.
   • Get vaccinated for the flu in the fall.
   • Get tested for COVID-19 before returning to campus and participate in the university’s testing program upon my initial return to campus and as needed as part of the weekly “sample testing” throughout the fall semester.

2 Protect the HEALTH OF OTHERS
   • Wear a face covering anytime I am outside my living unit.
   • Maintain physical distancing of at least six feet at all times.
   • Stay home and self-isolate if I feel ill or think I may have been exposed to coronavirus, and contact a health care professional.
   • Show compassion, care and respect for all members of the Quinnipiac community and not stigmatize others who test positive.

3 Prevent the SPREAD OF COVID-19
   • Participate in the university’s contact tracing program as needed to identify if I, or others, may have been exposed to coronavirus and to limit its spread.
   • Be an advocate for the health of our community by proactively asking others to observe physical distancing and wear a face covering if I see them not supporting these health guidelines.
   • Observe all instructional signs throughout our campuses and follow all directions.
   • Refrain from hosting or attending large, crowded gatherings or parties where the virus could quickly spread.

I will support these shared responsibilities because I recognize no one person or department is solely responsible for enforcing these actions. I also understand there are consequences for disregarding these health measures because of the potential health costs I am inflicting on others – from not being able to attend my classes in person to, in egregious cases, forfeiting the privilege to remain on campus for the remainder of the semester, in accordance with the student conduct process.
SYMPTOM CHECKING, TESTING AND CONTACT TRACING

Daily Symptom Checking

Students, faculty and staff are required to check for symptoms of COVID-19 using the QU Symptom Tracker mobile app each day before going to campus or work. The app evaluates the responses based on CDC and medical guidelines and provides an immediate confirmation on whether the individuals are cleared to attend in-person campus activities or if they need to take further actions to evaluate their health.

Individuals should update their symptoms if they change during the day. In addition to checking for symptoms related to COVID-19, we ask that you take your temperature each day before going to campus.

- If a student’s temperature is 100.4 or higher, you need to self-isolate and call Student Health Services at 203-582-8742 (walk-ins are not accepted to reduce the risk of transmission).
- We will respect your privacy to the extent possible, given contact tracing requirements per state and CDC guidelines.

Currently, the COVID-19 symptoms include one or more of the following:

- FEVER
- COUGH
- SHORTNESS OF BREATH
- SORE THROAT

- Loss of taste
- Loss of smell
- Red/watery eyes
- Shortness of breath
- Cough
- Headache
- Body aches
- Sore throat
- Severe fatigue
- Fever
- Vomiting/diarrhea
- Chills

Contact Tracing

If a student tests positive for COVID-19, we will implement our contact tracing protocol, which includes deploying our on-campus team of trained contact tracers. Contact tracing protocols are mandated by the state of Connecticut as a condition of reopening this fall for colleges and universities. In addition to partnering with the Quinnipiac Valley Health District to support our contact tracing efforts, we are assembling a team of on-campus contact tracers composed of faculty, staff and student volunteers, including individuals from our Schools of Medicine, Nursing and Health Sciences. These volunteers are participating in contact tracing training from both the state of Connecticut and the Johns Hopkins School of Public Health.

The team will help identify locations and possible contacts of an individual testing positive for COVID-19. Once the location data and contacts have been identified, they will be assessed for risk of acquisition of COVID-19 based on proximity (within 6 feet), duration (less than 15 minutes) and whether face coverings were worn, and those criteria will help determine who may need to self-quarantine and monitor to see if symptoms develop.
Student Testing Overview

As part of our extensive health and safety guidelines for students, Quinnipiac has designed a comprehensive COVID-19 testing program for students. This program requires students be tested before returning to Quinnipiac, and again shortly after their arrival and regularly throughout the fall semester. The testing program we have designed is a key component of our plan to bring students back to, and sustain, a healthy QU community and to be able to keep our campuses and classrooms open.

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PRE-ARRIVAL TESTING

*Before Returning to Campus*

All students – undergraduate and graduate – are required to be tested for COVID-19 before returning for the fall semester. This pre-arrival test is a condition of being able to engage in any in-person instruction or other campus activities. Students cannot return to Quinnipiac for the fall semester or move into their assigned housing if they are not tested prior to their return.

We have heard from many families with concerns about being able to locate and access testing in a timely manner and receiving the correct type of test. To make this process simpler for families, we are pleased to announce we have contracted with Rutgers University’s Infinite Biologics to administer these pre-arrival tests, relieving families of any burden of having to identify, schedule or travel for a COVID-19 test. This is a saliva-based test and Rutgers’ partner, Vault Health, will send the test kit directly to each student’s home address. An email communication will be sent to each student with detailed information on how and when to complete the test.

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RETURN TESTING

*Upon Return to Campus*

All students – undergraduate and graduate – will be tested again shortly after returning to Quinnipiac. Regardless of whether a student lives in university-housing or off-campus housing, they are expected to limit their activities and movement outside their living unit upon return until they have received confirmation of a negative test result from this “return testing.” Students will receive more information after returning to campus about when they’ll be scheduled to be tested and where to go for testing. The university has partnered with the Broad Institute, a Cambridge, Massachusetts-based genomic research center, to perform all of Quinnipiac’s on-campus testing. This will be a non-invasive nasal swab test.

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ONGOING TESTING

*Throughout the Fall Semester*

After the return testing is complete, the university will then use a statistical sampling methodology to conduct weekly testing of approximately 15% of all undergraduate residential and non-residential students. This sampling strategy is based upon scientific guidelines and will aid in the early detection of asymptomatic or pre-symptomatic infections. QU will also have the ability to conduct rapid testing within Student Health Services for symptomatic individuals or those feeling ill. These test results are generated in about one hour.
QUARANTINE AND ISOLATION HOUSING

Quinnipiac has designated specific apartments and suites in residence halls as isolation and quarantine locations for its residential students living in university-owned housing. Students also will be given the option to isolate or quarantine at home, depending on their own and their family’s preference and circumstances and availability of on-campus locations. Quarantine housing is used when a person has potentially been exposed to COVID-19 and needs to separate from other people to see if they develop symptoms and become sick. Isolation housing is used when someone has symptoms or has tested positive for COVID-19.

If a student needs to quarantine, Student Health Services will work with Residential Life to arrange for the student to move to a private room or semi-private room until the period of quarantine is over. If a student needs to isolate, Student Health Services will work with Residential Life to arrange for the student to move to a private room or semi-private room with another student who is also in isolation.

While in quarantine or isolation, students will have full access to wireless internet so they can attend classes remotely and participate in virtual student activities. Our Dining Services will provide regular delivery of prepared meals.

Student Health Services personnel will remotely monitor the progress of the student in isolation and will determine when the quarantine or isolation period has concluded, and the student may return to their academic year room assignment. Additional guidance on who must quarantine, including temporary residence assignments and protocols, will be provided to students who are going into quarantine or isolation housing.

SHARED SPACES

Students must maintain 6 feet of physical distance at all times whenever they are outside their living unit. This includes time spent in classrooms, labs, dining facilities and all other common areas in the residence halls and on campus, as well as outdoors. Visual distancing markers will encourage students, faculty and employees to remain 6 feet apart in workspaces, hallways and other common use areas.

Clear signage will reinforce policies on wearing face coverings, practicing physical distancing, cleaning and disinfection, personal protection and personal hygiene.

The use of shared equipment will be minimized. If equipment must be shared, the students, faculty and staff members using that equipment will be required to wipe it down after each use. Wipes and disinfecting supplies will be available in classrooms, offices and other shared spaces.

Office, laboratory, teaching and workspaces have been structured to maintain at least 6 feet of distance between faculty, students and staff. Spaces typically used for communal purposes have been segmented into discrete zones or have been closed to use as needed.

FACE COVERINGS

Quinnipiac is requiring all students, faculty and staff to wear face coverings whenever they are in a public space. Wearing a face covering does not replace the need to maintain physical distancing and to observe safety protocols.

Anytime you are outside your living unit, personal office or workspace, you must wear a face covering. This rule applies to all individuals on campus as well as students living off campus. Those who live off campus should still be wearing a face covering whenever they are outside their living unit and around others.

Masks and face coverings reduce community transmission of the virus by providing a physical barrier that can help to contain the spread of respiratory droplets when an infected person coughs, sneezes or talks. Recent research shows that the risk of acquiring COVID-19 is substantially reduced to less than 5% when everyone in the room is wearing a face covering.
Every student, faculty and staff member at Quinnipiac will be given a cloth face mask. Students and employees are encouraged to also bring their own personal face coverings to wear to ensure they have a sufficient supply, given that masks should be washed after each wearing. Cloth face masks and coverings are preferred; gaiters and bandanas are not acceptable as alternative face coverings as they tend to be more porous.

All residential students with an assigned post office box will have a face mask waiting for them in their post office box. For all other students, we will be announcing distribution dates and locations on both the North Haven and Mount Carmel campuses after students have returned.

The masks should be machine-washed in cold water. You can tumble dry them on low, if possible, or hang them to dry. Additional masks and face coverings are available through several sources, including the campus bookstore.

CLEANING PROTOCOLS

Facilities workers have been given the appropriate PPE, and they use cleaning and disinfecting products that meet the EPA’s criteria for use against COVID-19. In addition, all facilities managers have earned a national “Microbial Warrior” certification through the Global Biorisk Advisory Council, the leading trade association for the cleaning industry worldwide. The certification provides our team with preventive, responsive infection and contamination control measures for potential infectious disease outbreaks, and more specifically the novel coronavirus.

Prior to reopening, Facilities will complete a thorough cleaning of spaces including, but not limited to: entrances/lobbies, bathrooms, kitchens, hallways, elevators, high-traffic area touchpoints (e.g., door handles/door knobs), shared equipment (e.g., printers, scanners, phones, vending machines), desks, chairs, computers and monitors.

Quinnipiac’s facilities team will perform daily cleanings and disinfection each weekday of public bathrooms as well as communal bathrooms in residence halls; classrooms; common areas and workspaces around our campuses. Hand sanitizer will be made available at entrance points and common areas, where possible.

Cleaning and disinfectant products will be made available near commonly used surfaces, such as desks, bathrooms, shared equipment (e.g., printers, phones, monitors, keyboards), and shared appliances (microwave, coffee machine, etc.). Additional products will be available for ordering through the existing work order system.

Appropriate signage will encourage best practices, such as handwashing and use of PPE.

COUNSELING AND STUDENT WELL-BEING

Supporting the health and well-being of our students is paramount, especially as we navigate the many “new normals” this fall semester. For any undergraduate and graduate students who experience emotional distress, Quinnipiac provides a range of clinical services, including mental health support, at no cost. Students can schedule an appointment with a counselor on MyQ.

In addition, students have the option to speak to a clinician 24/7. To access this service, individuals should call 203-582-8680 (ext. 3) to speak with a licensed mental health provider. If it’s a life-threatening emergency, please call 911.

PUBLIC SAFETY

Students can contact Public Safety 24/7 at 203-582-6200 or 911 for emergency safety concerns.
The Office of Residential Life looks forward to welcoming students to the rooms, suites, apartments and houses that constitute QU housing. This fall, the experience of living on campus comes with new guidelines designed to help preserve everyone’s health and safety.

**QU has taken the step of reducing the occupancy of residence halls and other university housing to ensure all residential students will live only in singles or doubles. We have eliminated all triples and quads for the 2020–21 academic year.**

In addition, Connecticut COVID-19 guidelines ask colleges and universities “to treat roommates and suitemates as a family unit.” Accordingly, QU is defining expectations of roommate groups in this way: Whether students live in a traditional residence hall room or a room within a suite, apartment or house, they will be expected to work together to co-exist in a way that reduces the risk of spreading the virus among members of their “family unit” and, ultimately, to the QU community beyond their doors.

Healthy behavior within each individual living unit promotes greater health across campus. Similarly, early detection of possible symptoms or infection within a family unit will help us more quickly contain the spread to others on our campuses and reduce the likelihood of having to close our campuses early due to an outbreak.

**RESIDENCE HALL ROOM CLEANING PROTOCOLS**

Students living in apartments and suites with in-unit bathrooms typically clean their own bathrooms and create their own usage schedules, and this fall will be no different. Students in these defined spaces must develop coordinated plans for maintaining cleanliness and shared usage. In suites and apartments, students will clean their own bathrooms and common areas within the unit. Cleaning supplies will be provided, and disinfectant spray bottles will be refilled throughout the semester.

Communal bathrooms (shared by an entire floor) will be cleaned each weekday by the university’s facilities staff, and students on floors with communal bathrooms will be expected to help self-regulate the occupancy of bathrooms and showers to limit the number of individuals in the bathroom at a time, minimize time spent there, and clean the surfaces they touch after each use.

**EARLY DROP-OFF OF BElongINGS – AUG. 10–20**

We are working diligently to ensure a safe and responsible move-in period. Resident students who live within a feasible geographic distance will be allowed to drop off their belongings prior to moving into the residence halls, if they like. This will be a same-day, in-and-out drop-off, without an overnight stay. Students will receive an email from the Office of Residential Life providing them with instructions and asking them to select a day from at least two options provided and register for a 4-hour block of time for dropping off their belongings. Each room or suite will have one resident dropping off belongings at a time, and each resident can have one helper. On their designated drop-off day, families also will be permitted to spend time on campus to familiarize themselves with the facilities and resources, while observing all safety protocols. We anticipate having our bookstore and certain offices, such as the Registrar and Bursar, open with limited hours to allow students to conduct business while on campus. Confirmation of which services will be open will be communicated closer to your drop-off date.

**MOVE-IN PROCEDURES**

To allow all students and staff to maintain a safe physical distance, students will be assigned a specific move-in date and time. The move-in process has been modified to extend over a longer time frame, Aug. 21–Sept. 5. First-year students will move in Aug. 21–23. Students may not return to campus without a scheduled assignment for move-in and confirmation of a negative COVID-19 test. Students should monitor their QU email account for a communication from Residential Life with further updates and details later in the summer.
On their assigned move-in day, students must limit their help to one friend or family member. Assuming that most rooms will be set up during the early drop-off of belongings, this should be a much quicker move-in process and require less assistance. If students need a dolly, cart or hand truck to help with the move-in process, they must bring their own; the university will not be providing any of these items in keeping with necessary sanitation guidelines.

Every person involved in move-in must wear a face covering and follow posted guidelines concerning physical distancing and the use of designated paths in buildings and elsewhere on campus. Physical distancing of at least 6 feet is required at all times. Please follow posted signage for guidance on capacity limits in all shared areas, such as elevators, lounges and bathrooms. Returning students who have had personal items placed in storage can expect those items to be available for pickup at the North Haven Campus. Over the summer, as room assignments and move-in dates are established, Facilities or Residential Life will provide details on how students can arrange for pickup.

RESIDENTIAL LIFE STAFF
Residence hall directors (RHDs) and resident assistants (RAs) will be checking in with their residents regularly this fall to ensure they are transitioning well to life on campus and to help connect them to campus resources, programs and activities. The preferred modes of communication will be phone, email or Zoom meetings. However, students should know that help is always nearby when needed. RAs help create and sustain a respectful, inclusive and healthy residential community through caring interventions, mentoring, referral, mediation, administrative tasks, on-duty coverage, and by upholding community standards and university policy. Students can always reach Residential Life staff by contacting the Office of Public Safety at 203-582-6200. Residential Life offices are open from 9 a.m.–5 p.m. on weekdays, and Residential Life staff members are always on-duty after hours for emergencies. Students should remember to wear face coverings when visiting Residential Life offices or interacting with staff.

CAMPUS ACTIVITIES
Campus Life, the Department of Cultural and Global Engagement (DCGE), Student Government and many student organizations are working to develop programming and outlets through which students can meet and build community with other Bobcats. Student clubs and organizations will continue to operate on campus. Although meetings and events may take on a different look based on room and space availability—and the need to conduct more events virtually—the Student Center staff will work to maximize student engagement.

LAUNDRY
The CDC recommends that towels and sheets be washed frequently, and clothing kept as clean as possible. Guidelines advise using the warmest water possible, drying items completely, and washing only your own clothes. Students are advised to bring an ample supply of cloth face coverings to ensure they have clean face coverings to wear while others are being laundered. Students will need to practice physical distancing while doing laundry.

VISITOR POLICY
Quinnipiac will have a more restrictive outside visitor policy in place this fall. Outside visitors are defined as anyone who is not a student, faculty or staff member at QU. The university is taking a wide range of measures to create—and sustain—a healthy QU community so we can spend the full fall semester back on our campuses, and this is among the steps we can all take to limit the presence or spread of COVID-19. Our outside visitor policy includes the following:

- **Visits from parents and family** – parents and family members are discouraged from visiting campus this fall, regardless of which state they may be traveling from. We recognize this is a significant hardship on parents and students, and also want to be mindful that there are certain occasions when parents may need to visit their student. In those instances, our North Lot entrance on Mount Carmel Avenue must be used as the designated pick-up and drop-off location. Parents and families must check in at the guard station and should not be traveling through campus or into residence halls.
• **Traveling home on weekends** – we are also asking that our residential students limit unnecessary travel and not travel home (or elsewhere) on weekends unless they absolutely need to, as we try to minimize exposures outside our campus community that may increase the likelihood of infection.

• **Residence halls** – we will have a no visitor policy within our residence halls, which means that only students living in that specific building will be allowed to enter the building.

• **Essential services** – beyond QU employees, only those providing essential services needed to support university operations will be permitted on campus, such as contractors or deliveries of food and supplies.

• **Ride sharing services** – per usual protocol, all ride sharing services such as Uber and Lyft should meet students at the Hogan Road entrance; they cannot enter campus.

We realize campus life will be more restrictive this fall in some areas, but please know that we are investing equal effort in arranging activities and other physical spaces around our campuses—particularly outdoors—where students can safely socialize and engage with each other.

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## Academics: The Q-Flex Model of Learning

Quinnipiac is taking an innovative approach to teaching and learning this fall. We call it Q-Flex. Courses will be delivered using simultaneous in-person and online instruction, with students alternating between the two modes of course participation. While students will not be in the classroom as often as they’d traditionally be for classes, Q-Flex will create an experience that is still rich and engaging, allows students and faculty to stay closely connected, while prioritizing the health and safety of our community.

### HOW IT WORKS

For as many classes as possible, subject to public health and safety guidelines, a professor will be physically present in the classroom, teaching as many students as possible during the regularly scheduled class time. Because physical distancing rules require us to put 6 feet between each person in the room and to limit room capacity, we won’t be able to fit the entire class in person for most sessions. As a result, students will take turns occasionally attending in person and other days joining the class online from their residence hall, suite, apartment or other study space as it is happening.
Q-FLEX INSTRUCTIONAL METHOD SCHEDULE CODES*

Hybrid (HYB)

Classes that appear as HYB (hybrid) on students’ schedules will be delivered in a synchronous and asynchronous fashion using a flipped class model. Based on social distancing requirements, some HYB courses may use a model in which the class is divided into groups; some meet in person while others join remotely – with the groups moving between in-person and remote participation. Additionally, with HYB, there may be instances where students are in class while the professor teaches remotely. Blackboard also will be used for additional activities.

SPECIALIZED CLASSES

Fitness, Leisure, Wellness (FLW)

Classes that appear as FLW (fitness, leisure, wellness) on students’ schedules traditionally meet in person. The goal is to deliver as many FLW classes in person as possible but, where it makes sense, some FLW courses may be delivered remotely.

Laboratory (LAB)

Classes that appear as LAB (laboratory) on students’ schedules generally require specific lab space and equipment for course delivery. Since many LAB courses include a degree of hands-on learning, the university is expecting that most LAB courses will have some time inside physical lab spaces. Some laboratory classes may be delivered via the Web-Based model or have some students in the lab while others are joining remotely for an individual course session. This decision is based on course content and the ability to use technology to deliver the lab experience remotely. Remote LAB classes will be delivered in a synchronous fashion, occurring at a scheduled time.

Web-Based (WEB)

Classes that appear as WEB (web-based) on students’ schedules will employ 100% remote methods, using a mix of synchronous and asynchronous activities. Synchronous classes will meet over Zoom at scheduled times as listed on each student’s schedule. Asynchronous activities, centered in Blackboard, will occur at non-scheduled times throughout the course.

If your WEB course is listed with course meeting days and times, then both the professor and the students will be remote and meeting synchronously on the listed days and times.

If your WEB course is listed with a building and room number, then students can meet synchronously in the classroom while the professor teaches remotely.

If your WEB course is listed without course meeting days and times, pedagogical best practices indicate that student learning outcomes would be better achieved via a completely asynchronous online learning structure.

REAL-TIME CONNECTIVITY

We’ll use Zoom again, but this time it will connect students and faculty who are on campus to students and, in some cases, faculty who must join the class remotely. We have invested a great deal in “Zoom carts,” which we have designed with multiple monitors and a camera to give out-of-classroom students real-time connectivity to their class. Students attending remotely will be able to see and hear what is happening, and they will be seen and heard by their teacher and fellow students so that they may ask questions and take part in class discussions. In some cases, for personal health reasons, professors will be teaching remotely while students are on campus, possibly even gathered together in a classroom. Our Zoom carts enable off-campus professors to meet with students as if they were there in person. Zoom carts also will support small group discussions, extra-help sessions or office hours.

HIGHLY INTERACTIVE “VIRTUAL CLASSROOMS”

More than 800 of our faculty participated this summer in training designed to make their asynchronous teaching (use of Blackboard, discussion boards, videos, online quizzes and problem sets, and other online materials) even stronger this fall. Faculty now have even more tools at their disposal to interact with students, regardless of whether COVID-19 permits students and faculty to be physically present together on campus.

RETURN TO OUR TRADITIONAL SYSTEM OF GRADING

We expect that the switch to Pass/Fail, enacted this past spring, will not be necessary in Fall 2020.

*Used for illustrative purposes only; these are not actual room assignments for specific classes.
Dining on Campus

CHANGES TO DINING SERVICES
Chef-inspired menus with fresh, healthy and sustainable options will continue, but there will be modified hours and new practices for safe serving, physical distancing, and more frequent and enhanced cleaning. Indoor dining spaces will operate at 33% capacity so that fewer students will be in the area simultaneously, and signage in each dining hall will guide you to serving locations and limited seating.

We also are creating outdoor, tented dining spaces, as well as additional grab-and-go food options on each campus. Students will enter dining areas on designated pathways, and they will follow well-drawn lanes to serving stations and limited seating areas. Face coverings are required in all dining halls and retail locations, except when eating or drinking. Only single-use paper products will be used. CDC and local health department guidelines will be followed.

All dining locations will close for sanitizing during the following times:

Weekdays: 10:15–10:45 a.m. and 2:30–3 p.m.
Weekends: 2–2:30 p.m.

MOUNT CARMEL DINING HALL
Indoor dining room seating will be limited, with additional outdoor seating provided in a tent that will be set up in the South Lot. There will be no self-serve stations except for coffee and packaged snacks. The following online ordering and grab-and-go options also will be available.

BOOST ONLINE ORDERING
Just as we have become accustomed to more frequent take-out dining at home, Quinnipiac will offer online ordering for the Mount Carmel, York Hill and North Haven dining halls as well as Starbucks and the Bobcat Den. Students can get the Boost app from the App Store or Google Play. You can browse campus menu options, customize and order ahead and pick up on your schedule. There also will be an option to order convenience store items through Boost for easy pickup from the Bobcat Den and York Hill Dining Hall.

Online ordering:
Made-to-order stations:
- Grill
- Boar’s Head Deli
- Create Fresh Greens
- Au Bon Pain

Grab-and-go locations:
- G8 — daily menu rotation (allergen-safe recipes)
- Bowl Life entrees
- Rosso Verde Pizza & Pasta
- Salad bar (premade salads to include garden greens, composed salads, fruit parfaits, yogurt parfaits)
- Pollo
- Bowl Life breakfast

- Bowl Life
- Revolution
- Noodle & Sushi
- Breakfast All Day

- Comfort/homestyle
- Bakery (breakfast pastries, bagels, desserts)
- Prepackaged ice cream
- Cereal
- Loose fruit
- Bottled beverages
- Chips and snacks
BOBCAT DEN
There will be no dining room seating or service inside the Bobcat Den. Pickup will be available outside for online orders only.

Online ordering only:
- Grill
- Pizza and pasta
- Sono Mexican
- Daily street food pop-up
- Comfort food/homestyle entrees
- Mondo Subs
- Bakery (breakfast pastries, bagels, desserts)
- Prepackaged ice cream
- Cereal
- Loose fruit
- Chips and snacks
- Bottled beverages

YORK HILL DINING HALL
There will be limited dining room seating. The following online and grab-and-go options will be available.

Online ordering:
- Grill
- Pizza and pasta
- Deli

Grab-and-go locations:
- Rotisserie entree
- Daily street food pop-up
- Comfort food/homestyle entrees
- Salad bar (premade salads including garden greens, composed salads, fruit parfaits, yogurt parfaits)
- Bakery (breakfast pastries, bagels, desserts)
- Prepackaged ice cream
- Cereal
- Loose fruit
- Chips and snacks
- Bottled beverages
- Convenience store items

NORTH HAVEN DINING HALL
There will be limited dining room seating. The following online and grab-and-go options will be available.

Online ordering:
- Starbucks/deli
- Grab-and-go locations
- Balanced Kitchen Pizza and Pasta
- Create Salad
- Salad bar (premade salads including garden greens, composed salads, fruit parfaits, yogurt parfaits)
- Rotisserie entree
- Bakery (breakfast pastries, bagels, desserts)
- Prepackaged ice cream
- Cereal
- Loose fruit
- Chips and snacks
- Bottled beverages
- Convenience store items
- Expanded Outtakes options

Au Bon Pain Express, Starbucks and Sushi
Full menu with online ordering only.

EXPANDED HOURS AND OPTIONS
QU's dining partner, Chartwells, has designed additional options this fall to expand students' ability to use their meal points. Students will be able to use their dining credits for online grocery orders with on-campus pickup for items such as produce, snacks, beverages and frozen meals; bulk orders of snacks and drinks; and special promotions, such as custom cakes you can send to surprise a friend or "suite treats" to enjoy in your residence hall.
The hours and grab-and-go offerings at the Mount Carmel Dining Hall have been expanded. The main dining hall will now be open until 10 p.m. From 7-10 p.m., more grab-and-go offerings will be available to speed up lines and encourage social distancing.

The grab-and-go foods that will be available during this time are:
- Burgers
- Chicken tenders
- Chicken sandwiches
- Beyond burgers
- Philly steak sandwiches
- French fries
- Pasta
- Pizza (cheese, pepperoni and veggie styles)

Students can use Boost to place orders for pickup at Au Bon Pain and Revolution Noodle and Sushi, which will remain open until 10 p.m. The salad bar (pre-made salads), fruit stations and all beverages will be available until 10 p.m.

We also plan to have more webcams added outside the dining locations on each campus so students can go online and see what the lines look like before they head to a dining hall.

You can find additional information about QU Dining online, and follow QU Dining on Twitter, Facebook and Instagram.

Fitness and Recreation

FITNESS CENTERS
The Recreation staff members are working to implement state regulations and guidelines in our fitness centers on all three campuses to be able to open and serve the QU community in a safe manner. We will announce an official opening date in the fall.

NEW GUIDELINES FOR STUDENTS
Anyone who is exhibiting signs of illness should NOT enter the fitness centers. Wellness checks may be required upon entry to the Athletic and Recreation Center or fitness facility.

To ensure proper building capacity during peak times, a reservation to work out in the facility may be required through the Quinnipiac Reservation System on IMLeagues. All fitness classes, including virtual offerings, will require reservations using the same system.

When visiting the fitness centers or taking a fitness class, everyone must wear a face covering to enter the facility and at all times during their workout. There will be an increase in disinfecting products and hand sanitizer around the facility. Users are responsible for wiping down all cardio and strength equipment before and after use. Fitness Center staff will be increasing cleaning in the facility.

Participants should bring their own water bottle, sweat cloth/towel and equipment (e.g., yoga mat, basketball, weight belt) as needed for their workout. Equipment checkout will not be available. Options for equipment needed will be posted on the Campus Recreation MyQ page.

Locker rooms will not be available, but all restrooms will be open. Attendees should arrive dressed to work out and leave the facility to shower in their residence hall or off-campus property.
CLUB SPORTS AND INTRAMURALS

Club Sport competitions are canceled for the Fall 2020 semester. The university is still evaluating the level of activity for teams during the semester and, at this time, there is no guarantee of tryouts or practice. Intramural sports will be offered in a virtual setting this semester and will include activities such as esports, virtual races, step challenges and online trivia. A plan for on-ground intramurals is currently being finalized. A full calendar will be posted on Instagram (instagram.com/quinnipiacintramurals). Updates will be posted on the Campus Recreation MyQ page and at instagram.com/quclubsports and instagram.com/qu_fitness/.

CARE Team

Quinnipiac is dedicated to supporting our students through responsive practices from CARE (Community, Assessment, Response and Evaluation). The CARE team employs a caring, preventive, early-intervention approach with students who exhibit concerning or disruptive behaviors. By partnering with members of the Quinnipiac community, the CARE team works to promote student well-being and success in the context of community safety. CARE referrals are submitted by faculty, staff, students and community members. Helping a student during difficult times, such as the passing of a loved one; supporting students experiencing social challenges with roommates, friends and/or peers; and supporting students whose physical, emotional, mental, spiritual or financial health is at risk are examples of the type of help available.

The multidisciplinary team, trained in both behavioral intervention and threat assessment, meets weekly to review and discuss new referrals, ongoing cases, and the best course of action to support the student of concern. Referrals should be submitted using the CARE and Conduct Incident Reporting Form. The form and other information, such as team membership, when to make a referral, and a list of frequently asked questions, can be found on the MyQ CARE Team site.

For more information on CARE or to speak with Jill Bassett, CARE’s chairperson, please contact jill.bassett@qu.edu or 203-582-3603.
Websites and Contact Information

If you have any questions about the policies or information contained in this Return to Campus Guide, please email or call the appropriate contact below:

- COVID-19 support center – covid19supportcenter@qu.edu
- Academics and classroom-related questions – contact your associate dean: CASdeans@qu.edu SBdeans@qu.edu | schoolofcommunications@qu.edu schoolofeducationinfo@qu.edu | engineering@qu.edu SHSdeans@qu.edu | lawassocdean@qu.edu medicine@qu.edu | snurdeans@qu.edu
- Residential Life – mark.devilbiss@qu.edu or residentiallife@qu.edu
- Student programming and clubs and organizations – crin.provistalis@qu.edu
- Student Health Services – studenthealthservices@qu.edu or 203-582-8742
- Back to Bobcat Nation Website qu.edu/studentreturn

The university has taken steps to implement substantial precautions to prevent the spread of COVID-19. By entering onto the Quinnipiac University campus, the student agrees to abide by all university policies and procedures related to COVID-19. The student voluntarily and knowingly assumes the risk of exposure to or infection by COVID-19 by using the services or premises, and that such exposure or infection may result in personal injury or illness. The student also acknowledges that it is impossible to fully mitigate the risk of becoming exposed to or infected by COVID-19 and that such exposure or infection may result from the actions, omissions or negligence of the student, university faculty and staff and other students or visitors to campus. The university will follow all state guidelines and provide guidance on proper protection to alleviate and/or decrease the spread of viruses.

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